

Greenwood Academies Trust Secondary Menu

Monday Week 4	Tuesday Week 4	Wednesday Week 4	Thursday Week 4	Friday Week 4
Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice
Breaded Chicken Fillet R00780NL	Beef Meatballs in Tomato & Basil Sauce R01421NL	Roast Pork with Apple Sauce R00120NL	Chicken Biryani R01457NL	Tuna Pasta Bake R00044NL
Vegetarian Choice	Vegetarian Choice	Vegetarian Choice	Vegetarian Choice	Vegetarian Choice
(V) Cheese & Onion Pasty R00613NL	(V) Falafel Balls in Tomato & Basil Sauce R02124NL	(V) Vegan Roast Quorn Fillet R00437NL	(V) Sweet Potato & Chickpea Curry R01428NL	(V) Veg Spring Roll & Sweet Chilli Sauce R00255NL Noodles R00104NL
Vegetables, Potatoes, and Sides	Vegetables, Potatoes, and Sides	Vegetables, Potatoes, and Sides	Vegetables, Potatoes, and Sides	Vegetables, Potatoes, and Sides
Diced Potatoes R00532NL Coleslaw R00106NL Baked Beans R00091NL	Pasta Shapes R00531NL Garlic Bread R00536NL Mixed Salad R00328NL	Roast Potatoes R00109NL Broccoli, Cauliflower, Carrots R01401NL Gravy R00569NL	Rice R00104NL Lentil Dhal R01443NL Cucumber, Tomato and Onion Salad R01441NL	Crusty Bread R00550NL Mixed Salad R00328NL
Pasta Choice	Pasta Choice	Pasta Choice	Pasta Choice	Pasta Choice
(V) Pasta Provençale R00179NL Crusty Bread R00550NL Mixed Salad R00328NL	(V) Pasta in a Tomato & Pesto Sauce R00641NL Crusty Bread R00550NL Mixed Salad R00328NL	(V) Pasta in a Tomato and Basil Sauce R00252NL Crusty Bread R00550NL Mixed Salad R00328NL	(V) Macaroni Cheese R00503NL Crusty Bread R00550NL Mixed Salad R00328NL	(V) Pasta in a Arrabiatta Sauce R00134NL Crusty Bread R00550NL Mixed Salad R00328NL
Potatoes, Sandwiches and Salad Options				
A selection of Jacket Potato with a variety of fillings, Sandwich/Roll/ Baguette/Pasta Pot & Salad Selection. Please see our separate menus for Allergen information.				
Dessert Choice				
Syrup Sponge With Custard R00140NL	Cherry Cookie R02127NL	Chocolate Ice Cream Roll R00610NL	Apple Crumble R01437NL with Custard R00140NL	Lemon Sponge R00383NL
A Selection of Cakes, Fresh Fruit, Yoghurt & Fruit Pots are available as an alternative to Dessert. Please see our separate cake menu for Allergen information. All menu items are subject to availability.				
Allergen Information				
If you have a question about the allergen content of any menu item, please ask a member of staff to show you the recipe (Recipe Reference e.g. R00062NL) or a Chef Recipe Card for that item.				

