Greenwood Academies Trust Secondary Menu

Monday Week 5	Tuesday Week 5	Wednesday Week 5	Thursday Week 5	Friday Week 5
Main Meal Choice	**Main Meal Choice**	**Main Meal Choice**	**Main Meal Choice**	**Main Meal Choice**
Sausage Roll R00632NL	Minced Beef Lasagne R00127NL	Roast Turkey R00121NL	Jerk Chicken R00046NL	Breaded Haddock R00651NL
Vegetarian Choice	**Vegetarian Choice**	**Vegetarian Choice**	**Vegetarian Choice**	**Vegetarian Choice**
Vegan Sausage Roll R00292NL	Vegetable Lasagne R00051NL	Vegan Roast Quorn Fillet R00437NL	Cheese & Tomato Omelette R00018NL	Vegetable Fingers R00609NL
Vegetables, Potatoes, and Sides	**Vegetables, Potatoes, and Sides**	**Vegetables, Potatoes, and Sides**	**Vegetables, Potatoes, and Sides**	**Vegetables, Potatoes, and Sides**
Mashed Potatoes R00100NL Baked Beans R00091NL	Broccoli, Cauliflower & Carrot Mix R01401NL	Roast Potatoes R00109NL Carrots R00085NL Cabbage R00097NL & Gravy R00569NL	Rice R00104NL Mixed Salad R00328NL Coleslaw R00106NL	Jacket Wedges R00114NL Peas & Corn R00103NL
Pasta Choice	**Pasta Choice**	**Pasta Choice**	**Pasta Choice**	**Pasta Choice**
(V) Pasta Provençale R00179NL Crusty Bread R00550NL Mixed Salad R00328NL	(V) Pasta in a Arriabatta Sauce R00134NL Crusty Bread R00550NL Mixed Salad R00328NL	(V) Pasta in a Tomato and Basil Sauce R00252NL Crusty Bread R00550NL Mixed Salad R00328NL	(V) Pasta in a Tomato & Pesto Sauce R00641NL Crusty Bread R00550NL Mixed Salad R00328NL	(V) Macaroni Cheese R00503NL Crusty Bread R00550NL Mixed Salad R00328NL

Potatoes, Sandwiches and Salad Options
A selection of Jacket Potato with a variety of fillings, Sandwich/Roll/ Baguette/Pasta Pot & Salad Selection. Please see our separate menus for **Allergen** information.

Dessert Choice				
Raspberry Sponge R02126NL	Lemon & Sultana Flapjack R02127NL Custard R00140NL	Vanilla & Chocolate Ice Cream Cones R00501NL	Banana Sponge R00017NL Custard R00140NL	Chocolate Fudge Pudding R01378NL

A Selection of Cakes, Fresh Fruit, Yoghurt & Fruit Pots are available as an alternative to Dessert.
Please see our separate cake menu for Allergen information.
All menu items are subject to availability.

Allergen Information

If you have a question about the allergen content of any menu item, please ask a member of staff to show you the recipe (Recipe Reference e.g. R00062) or a Chef Recipe Card for that item.