

# Greenwood Academies Trust Secondary Menu

Monday Week 6	Tuesday Week 6	Wednesday Week 6	Thursday Week 6	Friday Week 6
Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice
Chicken Goujon Wrap R00632NL	Ham and Cheese Pizza R00168NL	Roast Beef R00406NL & Yorkshire Pudding R00539NL	Fish Fillet Fingers R00439NL	Spaghetti Bolognese R00168NL
Vegetarian Choice	Vegetarian Choice	Vegetarian Choice	Vegetarian Choice	Vegetarian Choice
Vegetable Nugget Wrap R01435NL	Cheese and Tomato Pizza R00139NL	Vegan Sausage R00645NL & Yorkshire Pudding R00539NL	Vegan Quorn Nuggets R00823NL	Vegan Mince Bolognese R01413NL
Vegetables, Potatoes, and Sides	Vegetables, Potatoes, and Sides	Vegetables, Potatoes, and Sides	Vegetables, Potatoes, and Sides	Vegetables, Potatoes, and Sides
Rice R00104NL Mixed Salad R00328NL BBQ Sauce R02123NL	Jacket Wedges R00114NL Coleslaw R00106NL	Roast Potatoes R00522NL Carrots R00085NL Broccoli R00083NL & Gravy R00569NL	Mashed Potatoes R00100NL Peas & Corn R00103NL	Garlic Bread R00536NL
Pasta Choice	Pasta Choice	Pasta Choice	Pasta Choice	Pasta Choice
(V) Pasta Provençale R00179NL Crusty Bread R00550NL Mixed Salad R00328NL	(V) Vegan Mince Bolognese R01413NL Crusty Bread R00550NL Mixed Salad R00328NL	(V) Pasta in a Tomato and Basil Sauce R00252NL Crusty Bread R00550NL Mixed Salad R00328NL	(V) Pasta in a Tomato & Pesto Sauce R00641NL Crusty Bread R00550NL Mixed Salad R00328NL	(V) Pasta in a Arrabiatta Sauce R00134NL Crusty Bread R00550NL Mixed Salad R00328NL
Potatoes, Sandwiches and Salad Options				
<b>A selection of Jacket Potato with a variety of fillings, Sandwich/Roll/ Baguette/Pasta Pot &amp; Salad Selection.</b> Please see our separate menus for <b>Allergen</b> information.				
Dessert Choice				
Chocolate and Pear Sponge R01362NL	Oat & Sultana Cookie R01316NL	Raspberry Ripple Ice Cream Roll R00557NL	Crunchy Pudding R00478NL Custard R00140NL	Fruit Carrot Cake with Cream Cheese Topping R02122NL
A Selection of Cakes, Fresh Fruit, Yoghurt & Fruit Pots are available as an alternative to Dessert. <b>Please see our separate cake menu for Allergen information.</b> <b>All menu items are subject to availability.</b>				
Allergen Information				
If you have a question about the allergen content of any menu item, please ask a member of staff to show you the recipe (Recipe Reference e.g. R00062) or a Chef Recipe Card for that item.				