

Greenwood Academies Trust Secondary Menu

Monday Week 1	Tuesday Week 1	Wednesday Week 1	Thursday Week 1	Friday Week 1
Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice
Lamb Burger R00773 Jacket Wedges R00114 Garden Peas R00092	Chicken Balti R00029 ½ Steamed Rice R00274 ½ Naan Bread R00331	Roast Beef R00406 Yorkshire Pudding R00539 Roast Potatoes R00109 Carrots R00085 Cabbage R00097 (V) Gravy R00569	Roast Gammon R01371 New Potatoes R00525 Baked Beans R00106	Breaded Haddock R00651 Diced Potatoes R00532 Mushy Peas R00774 or Garden Peas R00092
(V) Vegetable Burger R00105 Jacket Wedges R00114 Garden Peas. R00092	(V) Chickpea, Sweet Potato & Spinach Balti R00031 ½ Steamed Rice R00274 ½ Naan Bread R00331	(V) Roast Quorn Fillet R00437 Yorkshire Pudding R00539 Roast Potatoes R00109 Carrots R00085 Cabbage R00097 (V) Gravy R00569	(V) Cheese & Tomato Pizza R00139 Mixed Salad R00328 Coleslaw R00106	(V) Vegetarian Sausage Roll R00292 Diced Potatoes R00532 Mushy Peas R00774 or Garden Peas R00092
(V) Pasta Provençale R00179 Crusty Bread R00550 Mixed Salad R00328	(V) Macaroni Cheese R00503 Crusty Bread R00550 Mixed Salad R00328	(V) Pasta in a Tomato and Basil Sauce R00252 Crusty Bread R00550 Mixed Salad R00328	(V) Pasta in a Tomato & Pesto Sauce R00641 Crusty Bread R00550 Mixed Salad R00328	(V) Pasta in a Arriabatta Sauce R00134 Crusty Bread R00550 Mixed Salad R00328
Potatoes, Sandwiches and Salad Options				
A selection of Jacket Potato with a variety of fillings, Sandwich/Roll/ Baguette/Pasta Pot & Salad Selection. Please see our separate menus for Allergen information.				
Dessert Choice				
Raspberry Sponge R00564 with Custard R00140	Cherry Cookie R00667	Chocolate Brownie R00633	Eve's Pudding R00048 with Custard R00140	Lemon Drizzle Cake R00333
A Selection of Cakes, Fresh Fruit, Yoghurt & Fruit Pots are available as an alternative to Dessert. Please see our separate cake menu for Allergen information. All menu items are subject to availability.				
Allergen Information				
If you have a question about the allergen content of any menu item, please ask a member of staff to show you the recipe (Recipe Reference e.g. R00062) or a Chef Recipe Card for that item.				

