



Our First Day



One way we can manage worries and anxieties is to know what to expect. First of all, let's think about how secondary school is different to primary school. We've started you off...

Primary School	Secondary School
I mostly stay in one class all day	I'll move between classrooms each lesson

The first couple of hours of your first day will be spent with your tutor group, going through your timetable and how everything at NGA works. Your tutor will explain all of this to you in September, so don't worry!

However, you might be worried about what to do as soon as you arrive in order to find your tutor group in the first place! It's going to look something a bit like this:

