

# Relationships

# Healthy relationship

- How would you describe a healthy relationship?



Healthy  
relationship

CARING  
FUN  
CONSIDERATE EQUALITY  
TRUST  
HONESTY COMPROMISE  
RESPECT BOUNDARIES  
COMPASSION  
FAITHFUL SUPPORT  
COMMUNICATION  
GENUINE  
HAPPY

Would you add anything else?

# Unhealthy relationships

- How would you describe an unhealthy relationship?







It was a like a fairy tale, 2 of the biggest selling American artists met in 2008 and fell in love. The world was fascinated with these 2 love birds!



- However in 2009 the relationship changed, the couple had left the famous Grammy's party, this was the beginning of a very toxic relationship.



- Both Rhianna and Chris got into an argument, Rhianna was accusing Chris of flirting with another woman and receiving texts from her, she kept asking him, shouting at him.
- The argument became heated, Rhianna kicked him.
- Chris then flipped, he hit Rhianna with a closed fist in her face. He was in shock, "What have I done?" but then Rhianna spat blood at him, he became more angry and grabbed her arm and bit her.



- Chris Brown was arrested for assaulting Rhianna, the pair split but Rhianna blamed herself for the attack.
- Do you think she was to blame?



- Chris Brown went on to publically apologize to Rhianna and admitted her grew up in a home where domestic violence was present.
- Does this accuse his behaviour? What would you say to Rhianna?



- Rihanna got back together with Chris Brown in 2013.
- – 'it's different now,' she says. Rihanna has confirmed that she is back with her former boyfriend, Chris Brown, who assaulted her in 2009. "Even if it's a mistake, it's my mistake," the 24-year-old singer said. "He made a mistake, and he's paid his dues."

Did Rhianna make a mistake, what would you say to her?  
Was she making accusses for what he did to her?  
Was she justifying his actions?

Seek help

There are lots of places to seek help if you are in an unsafe relationship.

999 ring the police if you're in immediate danger.



# Seeking Help

## GETTING HELP

Contact 999 if you are in immediate danger

**The National Domestic Violence Helpline**

[www.nationaldomesticviolencehelpline.org.uk](http://www.nationaldomesticviolencehelpline.org.uk)

**0808 2000 247**

The **'This Is Abuse'** campaign has a detailed list of organisations you can contact for help

<http://thisisabuse.direct.gov.uk/need-help>

**Broken Rainbow** provides support to lesbian, gay, bisexual and transgender people in abusive relationships

[www.brokenrainbow.org.uk/](http://www.brokenrainbow.org.uk/)

**0300 999 5428**