

## **SMSC and BV Umbrella**

### **Term 1: Relationships Unit for all year groups**

### **Medium term plan in summary and the impact it will have on all students**

1. How to develop and maintain a variety of healthy relationships within a range of social/cultural contexts and to develop parenting
2. How to recognise and manage emotions within a range of relationships
3. How to deal with risky or negative relationships including all forms of bullying (including the distinct challenges posed by online bullying) and abuse, sexual and other violence and online encounters
4. About the concept of consent in a variety of contexts (including in sexual relationships)
5. About managing loss including bereavement, separation and divorce
6. To respect equality and be a productive member of a diverse community
7. How to identify and access appropriate advice and support.

### **Impact**

- They respect others feelings and values in their community
- They learn how to build good relationships for the future
- They can recognise features of a poor relationship and what to do about it and where to seek help
- They recognise their role in society and how to build relationships with other members
- They are informed on making better choices for themselves and how to support others
- They are informed on different types of relationships and how to respect them

## Medium term plan – Term 1: Relationships Unit

	Learning Outcomes	Resources needed/ Method of delivery	Links to other areas
7	<ul style="list-style-type: none"> <li>What relationships there are? The nature of friendships</li> <li>the qualities and behaviours they should expect and exhibit in a wide variety of positive relationships (including teams, class, friendships etc.)</li> <li>the nature and importance of marriage, civil partnerships and other stable, long-term relationships for family life and bringing up children</li> <li>the roles and responsibilities of parents, carers and children in families</li> <li>The term consent – ask if they want to go out and the peer pressure surrounding that</li> <li>to recognise that there is diversity in sexual attraction and developing sexuality</li> <li>the terms associated with sex, gender identity and sexual orientation and to understand accepted terminology.</li> <li>How / can you recognise signs of bullying?</li> <li>the support services available should they feel or believe others feel they are being abused and how to access them</li> </ul>	<p>Registration activities</p> <p>Discussions</p> <p>PPT's</p> <p>(scenario's student plays role of the parent and how they might respond)</p> <p>Short video clips</p> <p>Worksheets</p> <p>Information for diaries</p> <p>Display information</p> <p>Current affairs</p>	<p>British values – British Laws, making a positive contribution to society</p> <p>Social – the laws and what you can and can't do in different relationships</p> <p>Moral – right and wrong in relationships</p> <p>Spiritual – personal development stages</p> <p>Cultural – Different religions and different relationships</p> <p>Drama lessons – SOW on bullying</p> <p>PE/Dance – qualities that people have and how effective teamwork can build effective relationships</p> <p>MY PB – Character building</p> <p>Into University – life skills and raising aspirations</p> <p>Barclays life skills assembly</p>

8	<ul style="list-style-type: none"> <li>• to further develop the communication skills of active listening, negotiation, offering and receiving constructive feedback and assertiveness</li> <li>• that relationships can cause strong feelings and emotions (including sexual attraction)</li> <li>• the features of positive and stable relationships (including trust, mutual respect, honesty) and those of unhealthy relationships</li> <li>• different types of relationships, including those within families, friendships, romantic or intimate relationships and the factors that can affect these (including age, gender and power)</li> <li>• how to deal with a breakdown in a relationship and the effects of change, including loss, separation, divorce and bereavement</li> <li>• to understand the importance of friendship and to begin to consider love and sexual relationships in this context</li> <li>• The term consent- Not conforming to social norms and feeling pressured</li> <li>• to recognise the portrayal and impact of sex in the media and social media (which might include music videos, advertising and sexual images)</li> <li>• about the unacceptability of sexist, homophobic, transphobic and diabolist language and behaviour, the need to challenge it and how to do so</li> <li>• Signs of bullying and what the terms exploitation and trafficking mean</li> <li>• the support services available should they feel or believe others feel they are being abused and how to access them</li> </ul>	<p>Registration activities</p> <p>PPT's</p> <p>Assemblies</p> <p>Discussions</p> <p>Worksheets</p> <p>Short video clips</p> <p>Information for diaries</p> <p>Display information</p> <p>Current affairs</p>	<p>Pintsize Production – Kids having Kids</p> <p>Into University – life skills and raising aspirations</p> <p>Barclays life skills assembly</p> <p>Nottingham Trent University – life skills workshops</p> <p>British values – British Laws, making a positive contribution to society</p> <p>Developing an assertive personality and resilience</p> <p>Social – the laws and what you can and can't do in different relationships</p> <p>Moral – right and wrong in relationships</p> <p>Spiritual – personal development stages</p> <p>Cultural – Different religions and different relationships</p> <p>PE/Dance – qualities that people have and how effective teamwork can build effective relationships</p> <p>MY PB – Character building</p> <p>Anti – bulling week focus</p>
---	---	--	--

9	<ul style="list-style-type: none"> <li>• to further develop and rehearse the skills of team working including objective setting, outcome planning, cooperation, negotiation, managing setback and compromise</li> <li>• that the media portrayal of relationships may not reflect real life</li> <li>• that marriage is a commitment, entered into freely, never forced through threat or coercion and how to safely access sources of support for themselves or their peers should they feel vulnerable.</li> <li>• The term consent- to acknowledge the right not to have intimate relationships until ready</li> <li>• about readiness for sex and the benefits of delaying sex (or any level of intimacy beyond that with which the individual feels comfortable)</li> <li>• The term consent – respecting the persons consent and could look into the laws of sexual activity (including the legal age of consent for sexual activity, the legal definition of consent and the responsibility in law for the seeker of consent to ensure that consent has been given).</li> <li>• Signs of bullying and strategies to manage being targeted</li> <li>• the support services available should they feel or believe others feel they are being abused and how to access them</li> </ul>	<p>Registration activities</p> <p>Online safety with relationships</p> <p>PPT's</p> <p>Assemblies</p> <p>Discussions</p> <p>Worksheets</p> <p>Short video clips</p> <p>Information for diaries</p> <p>Display information</p> <p>Current affairs</p> <p>External agencies</p>	<p>British values – British Laws, making a positive contribution to society. The prison system in the UK.</p> <p>Social – the laws and what you can and can't do in different relationships</p> <p>Moral – right and wrong in relationships</p> <p>Spiritual – personal development stages</p> <p>Cultural – Different religions and different relationships</p> <p>Prison Me No Way day run by guest speakers</p> <p>Pint size production – Child Sexual Exploitation</p> <p>Into University – life skills workshops and raising aspirations</p> <p>Nottingham Trent University – life skills workshops</p> <p>Anti – bulling week focus</p>
---	--	---	---

10	<ul style="list-style-type: none"> <li>• Young parenthood - Teenage pregnancy; who to speak to, where to go, housing agencies, relationships with partner, family and friends surrounding you, other choices.</li> <li>• Parenting skills and qualities and their central importance to family life</li> <li>• To assess the readiness for sex -The legal age to give consent, what is consent, discuss condom negotiation</li> <li>• To understand the role of sex in the media-impact on sexuality, sexual and social norms</li> <li>• The key terms ; sexism, feminism and pornography</li> <li>• To recognise the impact of drugs and alcohol on choices and sexual behaviour</li> <li>• To manage unwanted attention in a variety of contexts (including harassment and stalking)</li> <li>• To develop an awareness of exploitation, bullying and harassment in relationships</li> <li>• How to respond to gangs, online bullying and unique challenges</li> <li>• The impact of separation, divorce, bereavement on families and the need to adapt to changing circumstances</li> <li>• the support services available should they feel or believe others feel they are being abused and how to access them</li> </ul>	<p>Registration activities</p> <p>Online safety with relationships</p> <p>Teenage baby resource</p> <p>PPT's</p> <p>Assemblies</p> <p>Discussions</p> <p>Worksheets</p> <p>Short video clips</p> <p>Information for diaries</p> <p>Display information</p> <p>Current affairs</p> <p>External agencies</p>	<p>British values – British Laws, making a positive contribution to society, tolerance of other peoples decisions</p> <p>Social – the laws and what you can and can't do in different relationships Moral – right and wrong in relationships Spiritual – personal development stages Cultural – Different religions and different relationships</p> <p>Anti – bullying week focus</p> <p>Drugs and Alcohol Awareness day run by guest speakers who have been addicts</p> <p>Peace by piece Day – contraception awareness</p> <p>Pint size production – Child Sexual Exploitation</p> <p>Into University – life skills workshops and raising aspirations</p> <p>Nottingham Trent University – life skills workshops</p> <p>Nottingham Trent University – Mentoring programme</p>
----	---	--	---

11	<ul style="list-style-type: none"> <li>• The characteristics and benefits of positive, strong, supportive and equal relationships</li> <li>• To recognise when a relationship is unhealthy or abusive (physically and emotionally)</li> <li>• Managing challenges in personal relationships – explore the ending of them</li> <li>• The impact of domestic abuse (including sources of help and support)</li> <li>• Statutory and voluntary organisations that support relationships in crisis</li> <li>• Diversity in sexual attraction and developing sexuality and where to access information for reassurance</li> <li>• To understand the role of sex in the media-impact on sexuality, sexual and social norms</li> <li>• To manage unwanted attention in a variety of contexts (including harassment and stalking)</li> <li>• To understand the respect others' faith and cultural expectations concerning relationships and sexual activity</li> </ul>	Registration activities  Registration activities  Online safety with relationships  PPT's  Assemblies  Discussions  Worksheets  Short video clips  Information for diaries  Display information  Current affairs  External agencies	British values – British Laws, making a positive contribution to society, tolerance of other opinions  Social – the laws and what you can and can't do in different relationships Moral – right and wrong in relationships Spiritual – personal development stages Cultural – Different religions and different relationships  Anti – bullying week focus  Into University – life skills workshops and raising aspirations  Nottingham Trent University – life skills workshops
----	--	---	--

12	<ul style="list-style-type: none"> <li>• That living together, marriage, arranged marriages and civil partnerships are ways that people freely and without coercion, show their commitment to each other</li> <li>• The key terms; pornography, orgasms, empowerment, rights and persuasion</li> <li>• The reasons why parents chose to adopt/foster or to place children for adoption/foster and the impact of this</li> <li>• Controlling behaviours, formation of gangs and the impact this can have - radicalisation</li> <li>• Scenarios and debates of real life situations 'media stories'</li> <li>• Develop an understanding of University relationships and what is next</li> </ul>	Registration activities  Online safety with relationships  PPT's  Assemblies  Discussions  Worksheets  Short video clips  Information for diaries	British values – British Laws, making a positive contribution to society  Encourages use of leadership skills  Adult perspective  Social – the laws and what you can and can't do in different relationships Moral – right and wrong in relationships Spiritual – personal development stages Cultural – Different religions and different relationships
13	<ul style="list-style-type: none"> <li>• Being strong enough to show support for others</li> <li>• Doing the right thing in terms of confiding in others about their friends issues</li> <li>• Seeking support and where to find it</li> <li>• Recognising different types of abuse and the coping mechanisms</li> <li>• Drugs and alcohol, leadership role to produce resources for younger students</li> </ul> <p>Selected student mentors go into tutor groups and discuss strategies for saying no to drugs and alcohol and the impact these can have on relationships</p>	Display information  Current affairs  External agencies	Anti – bullying week focus  Into University – life skills workshops and raising aspirations  Nottingham Trent University – life skills workshops  Barclays life skills assembly and workshop